

## ABSTRACT

A solid electrolytic capacitor (A1) includes a porous  
5 sintered body (1) of valve metal, internal anode terminals (11a,  
11b) projecting from the porous sintered body, and external  
anode terminals (21a, 21b) positioned lower than the internal  
anode terminals and having a bottom surface utilized for  
surface-mounting. The internal anode terminals (11a, 11b) are  
10 provided at a position lower than the center of the porous  
sintered body (1) in the height direction of the porous sintered  
body.